



Here's What Makes YOU "Medicine Smart"

- ✓ Make a list of your medicines; share it at every medical visit.
- ✓ Ask questions whenever a medicine is prescribed for you.
For list of questions to ask, go to talkaboutrx.org/message.jsp#howtotalkaboutrx
- ✓ Recognize that all medicines have risks as well as benefits and talk about this with your doctor or pharmacist.
- ✓ Get the full value of your medicines by following instructions carefully and report any problems if they occur.
- ✓ Read carefully all the written information that comes with your prescription medicine.
- ✓ Carefully read and follow the information on the Drug Facts Label on over-the-counter (OTC) medicines.
- ✓ Store your medicine safely and away from children.
- ✓ Properly dispose of any unused medicine. Not sure how? See smartdisposal.net

Brought to you by the **National Council on Patient Information and Education**

Working together to promote safe medicine use

Visit: bemedicinesmart.org

